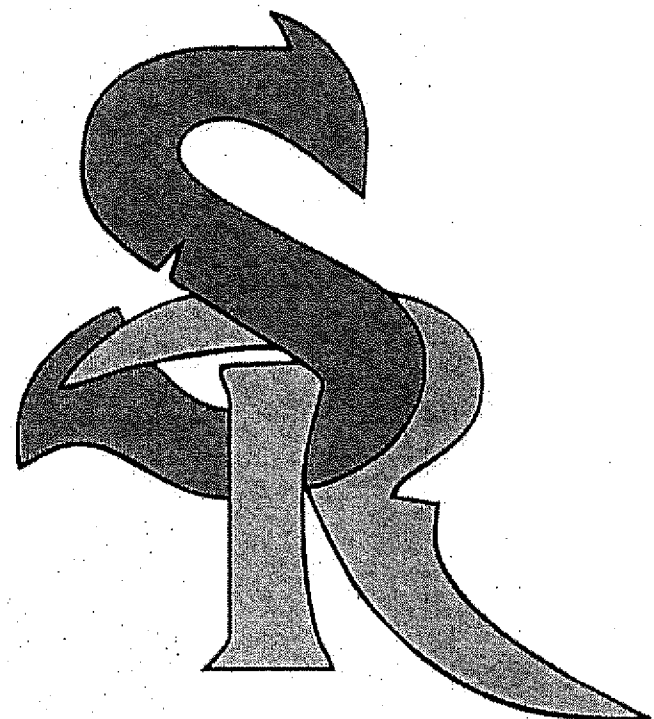


SENECA BASEBALL VARSITY SCHEDULE 2016

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DATE	OPPONENT	TIME
March 5	@JTown Scrimmage	12:00pm
March 16	FT. KNOX	5:30pm
March 17	SOUTH OLDHAM	6:00pm
March 18	@Western	5:00pm
March 22	WHITEFIELD	5:00pm
March 24	EASTERN	5:00pm
March 25	@Spencer Co	5:30pm
March 29	@Valley	5:00pm
March 30	HENRY CO	6:00pm
April 1	@Bullitt Central	5:00pm
April 4	VALLEY INVITATIONAL	5:45pm
April 5	VALLEY INVITATIONAL	TBA
April 6	VALLEY INVITATIONAL	TBA
April 7	VALLEY INVITATIONAL	TBA
April 12	ATHERTON	5:00pm
April 14	@Ft. Knox	5:30pm
April 16	DOSS	11:00am
April 19	@Waggener	5:00pm
April 21	@Male	5:00pm
April 25	@Central	5:00pm
April 26	TRINITY	5:00pm
April 28	@Shawnee	5:00pm
May 2	@North Bullitt	5:30pm
May 4	NORTH HARDIN	5:30pm
May 5	@Whitefield	5:00pm
May 9	BULLITT CENTRAL	5:00pm
May 10	BROWN	5:30pm
May 12	MANUAL	5:00pm
May 13	@J-Town	5:00pm
May 16	SPENCER CO	5:30pm
May 17	@Ballard	5:00pm
May 21	@Southern	11:00am



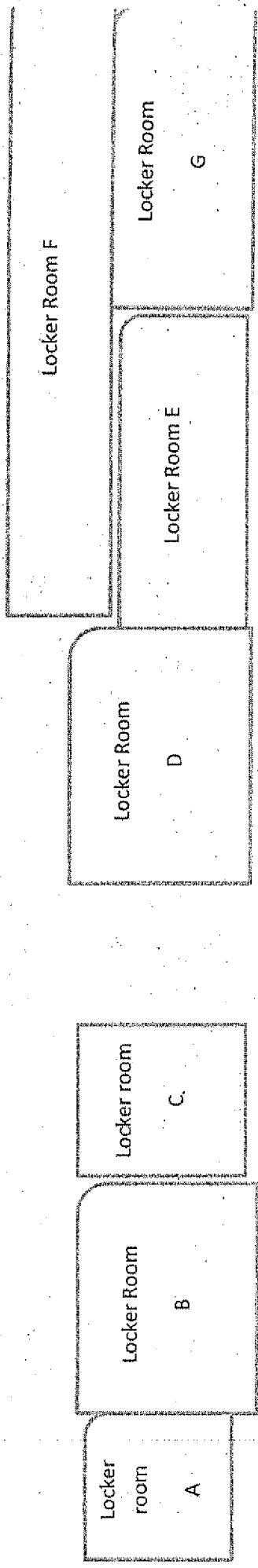
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SENECA SOFTBALL 2016

March 14	Bardstown	5:30
March 15	Moore	5:00
March 17	KCD	5:30
March 22	Western	5:30
March 24	Eastern	5:30
March 29	@ Portland Christian	5:00
March 30	Brown	5:00
April 11	Doss	5:30
April 13	@ Sacred Heart	5:30
April 14	Beth Haven	5:30
April 18	Waggener	5:30
April 19	@ Western	5:30
April 21	@ Whitefield Academy	6:00
April 25	@ Central	5:30
April 26	@ Atherton	5:00
April 28	@ Shawnee	5:30
May 3	Portland Christian	5:00
May 5	@ KCD	5:30
May 9	@ Doss	5:30
May 10	Brown	5:00
May 12	Manual	5:30
May 16	Whitefield Academy	5:00
May 17	@ Beth Haven	5:30
May 20	@ Presentation	5:30

LOCKER ROOM - LARGE GYM

SENECA HIGH SCHOOL



Locker room A- Boys Basketball

Locker room B- Boys sports teams (soccer, cross country, bowling, golf, baseball, tennis and track)

Locker room C- Boys PE class

Locker room D- Football

Locker room E- Girls PE class

Locker room F- Girls sports teams (soccer, field hockey, volleyball, cheerleading, tennis, bowling, track and cross country)

Locker room G- Girls Basketball

Wrestling- locker room is located off the wrestling room which is in the large gym lobby hallway.

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ATHLETIC STORAGE

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Football- Storage room in large gym and locker room

Boys and Girls Soccer, field hockey, Boys and Girls cross country, cheer, Boys and Girls tennis- Large gym lobby storeroom and AD office store room.

Boys and Girls track- outside home concession stand on stadium. Under press box on stadium, AD office store room.

Basketball- own locker room and AD office.

Baseball\softball- outside storage shed for each.

Volleyball- Small gym PE office closet

Wrestling- wrestling room and office off of weight room

Seneca Facility Use for Athletics

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Fall Sports-

Boys\Girls Soccer and Field Hockey shares a field for practice and Field Hockey plays their homes games on the field.

July 15 to start of school-

Girls Soccer practice- 8:00-10:00 am

Boys Soccer Practice- 9:00-11:00 am

Field Hockey- 6:00-8:00 pm

Boys soccer and Field hockey coaches don't work at Seneca and these are the best times that fit their work schedules.

Once School Starts-

Girls Soccer- 2:45-4:45

Boys soccer- 3:45-5:45

Field Hockey- 6:00-8:00

Winter Sports

Boys and Girls basketball will use 2 gyms for practice, Large and Small gym. All varsity games are played in the large gym unless we have tournament games, then both gyms are used.

Starting Oct 15, boys will use large gym for try-outs from 2:30-5:00 and girls will use small gym. After try-outs are complete and teams are established, teams will switch each week alternating from large gym to small gym.

Athletic Coaches

Softball to Baseball

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I believe there was a mistake in the reporting of baseball coaches (4) for the school year. A coach was added but did not complete all required documentation for coaching and mistakenly not taken off the list. Baseball only had 3 coaches for 2 teams. Softball only had 1 coach for 2 teams. The reason for only 1 coach, is that we had expected only to have a varsity team but numbers were higher than expected and coach did not want to cut. We advertised for another softball coach but did not get any qualified applicants for the position. We are currently still looking for a qualified softball assistant coach.

Scott Ricks

Athletic Director

Seneca High School

Medical and Training Facilities

Weight Room

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Seneca High School has updated (September 2016) the weight room in the school. We have added \$25,000 worth of new equipment for PE classes and athletics. We hired a new PE teacher that is strength and conditioning coach to oversee the weight room and the athletic programs. Our first order of business was to create weight lifting classes for beginners and advanced (athletes). At the present time, he is working with the cheerleaders. Volleyball, Girls Track, and Girls basketball have plans on using the weight room in January and after their season is over. At the end of the school year, there will be a coaching meeting to discuss scheduling the weight room for all teams and come up with a system for in-season and out of season weight training.

Seneca Uniform Rotation Policy

4 year plan

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2012-13

2013-14

2014-15

Boys Soccer-both

Cross Country\Track

Cheer

Girls Soccer-both

Wrestling

Football Red

Baseball

B\G Basketball- both

Softball

2015-16

2016-17

Football- White Jersey and Pant

Boys Soccer- Both

Volleyball- 2 sets

Girls Soccer- Both

Field Hockey- Home and Away

Cross Country-Track

B\G Bowling- Students buy and retain- annually

B\G Swimming- Students buy and retain-annually

B\G Tennis- Students buy and retain-annually

B\G Golf- Students buy and retain.-annually

We also will buy fill-ins for all sports when needed.

2017-18

2018-19

2019-20

Cross Country\Track

Cheer

Football- White \Pant

Wrestling

Football Red

Volleyball- 2 sets

Baseball

B\G Basketball- both

Field Hockey- both

Softball

AWARD GUIDELINES

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Individual Awards

Although each coach will decide who receives what level of award each season, the following guidelines should aid in helping the coaches reach those decisions.

- Varsity Letter- Earned for the first year of participation on a varsity team in any given season.
- Sport specific Pin- Earned in conjunction with the varsity letter. Pin will be earned for each sport they participate in during their 4 years in school.
- Service Bar- Earned each year they participate in each varsity sport.
- Certificate- Earned with participation at any level.

Plaques

Each team may award up to 4 plaques (7 X 9) for any category coaches deems appropriate for their sport.

Team Banners

Banners for all KHSAA sanctioned sports will be hung in the gymnasium. Any District, Regional, or State Championship will be recognized and added to the banners.

Banquets

Each team is required to have a post season banquet. Each coach will decide on what kind of banquet their team will have each season. This could range from cake and punch at the school to off-site meals. Total cost of banquet should not exceed \$500.

Other Awards

Any player receiving All-State Award will have a Jersey framed with a name plate hung in the gym lobby hallway.

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ATHLETIC TRAVEL

Teams that travel out of county for overnight trips or post season play will receive \$7.50 per meal for 3 meals each day. This is for both player and coach.

Teams on away games will use school activity bus or a common carrier school bus. Common carrier will be used when there are double or triple trips on same day. Longest distance inside Jefferson County will get common carrier. On special occasions: Regional tournament, state tournament, or games over 2 hours away, Athletic Director, Coach, and Principal may decide on taking a charter bus if money is available for trip.

Teams for overnight stays will use the rate of \$69.00 per night (4 people) for hotel\motel stays if possible. Hotels\motels will be approved by Athletic Director and Principal.

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Recommendations for Softball Field

Seneca High School will work with the Buechel Little League that runs the field where Seneca plays softball to address making the softball field comparable to the baseball field.

January 2016- Have Principal, Athletic Director and President of Buechel little league meet to go over the report. Discuss the contract between JCPS Board and Buechel and see how we can improve the softball field. Work on a budget for these projects: Increase field size to host post season and upgrade press box and coaches office. The lights should also be added to the budget but not mandatory. Lights on current field are adequate and have been used in the past. We will also meet with District officials to keep them in the loop on our plans and progress.

March 2016- Have meeting to discuss proposed upgrades of field and press box and have budget numbers for upgrades. Start discussing projected time line for upgrades to start. Have JCPS district officials at meeting to help with time line and cost of upgrades.

September 2016- plans for press box\coaches office and field upgrades should be complete.

July 2018- Field upgrades and press box should be completed or almost completed and Seneca should be able to host post season play by May 2019.